

Instructions – Children’s Walk Day Passport Learning activity

Materials Needed: 4 stamps and stamp pads, copies of the slides and all highlighted items below (most can be borrowed, found around the house or purchased from a local craft store).

Promote: Email about the activity in advance of the walk by using the flier in slide 2.

Prepare: Print copies of slides 3-4 double-sided (black & white looks fine!). Make one for each child; Print slides 5-9 to post at the four passport stations. Gather supplies for the stations:

- **Station 1** (slide 5): Water – create a water carrying simulation with **buckets of water** tied to a wooden dowl or have a jerry can of water (can be purchased at amazon.com or at a local garden/tool supply, or simply have milk jugs of water and various buckets of water.
- **Station 2** (slide 6): Set up **a table with four place settings** – three have napkins, silverware etc. Have a **sample breakfast** at one (cereal, banana, milk); **sample lunch** at another (sandwich, chips, carrots and dip, yogurt cup, apple and a soft drink); **sample dinner** at the third (spaghetti with sauce, broccoli, roll, fruit, glass of tea, and dessert); at the fourth – no frills – just a **bowl of rice** or a tortilla.
- **Station 3** (slide 7): Set up a “typical” school in the developing world. Place a **blanket** on the ground, buy a **small chalk board** from the local craft store or have one marble composition **notebook**, a **ruler**, a **pencil** and perhaps a **large stone** for using as a chair.
- **Station 4** (slide 8 and 9): Set up a table with the picture of the hospital (US); a **first aid and safety kit** which can be borrowed or purchased at your local drug store (Nicaragua); a ziplock bag with a few **bandaids** and an **alcohol swab** and a couple of **aspirin** (Mozambique); a small bag of some **dried leaves** (West Timor).

Recruit a volunteer to stand at each station and encourage the child to read the info in the passport and then to engage in conversation about the station. i.e. “How does it feel to carry the water? How far could YOU carry that water?; What is YOUR school like? How hard would it be to learn if you didn’t have a desk?; how long do you think you could go with only eating rice?; If you had a broken leg – where would you want to live? After each “traveler” discusses the issues, put a stamp in the appropriate box on the passport.

Wrap-up: At the end of the walk – have a final destination where you give a small prize (a temporary tattoo, a bookmark, a button, a pencil, an eraser - if you have any CROP Hunger Walk swag, that would be great!)



CHILDREN'S ACTIVITIES ON WALK DAY PLANTING SEEDS OF COMPASSION AND CARING

NEW THIS YEAR! Four stations along the walk route will help our younger walkers learn about the challenges and difficulties children in other countries face in living a life we call normal. Each station will focus on a different topic – Health, Education, Hunger, and Water – to help children (and adults, too!) learn what others experience on a daily basis.

PASSPORT

Sign up for your very own passport at Registration. While you are there, get your face painted with a CROP tattoo or other symbol marking your journey.

TRAVEL

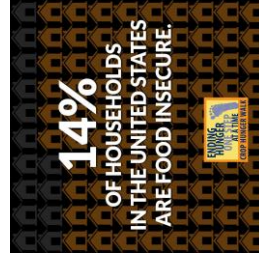
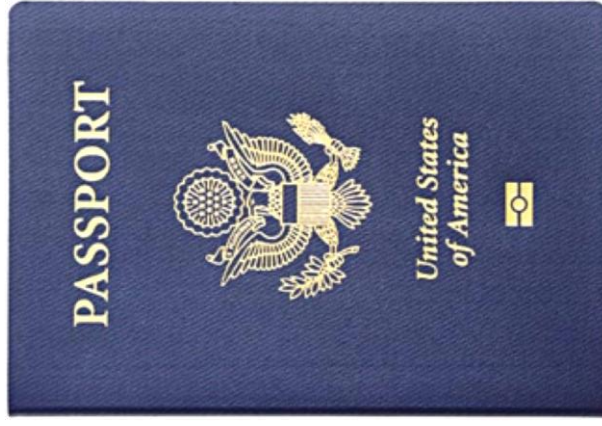
Set out on the walk. Stop at each station and learn about a different challenge faced daily by others. Learn what you can do with your CROP gifts to help change life for our local and global family. Don't forget to have your passport stamped at each station after your experience.

RETURN

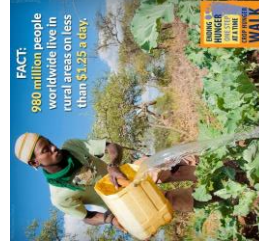
Have your passport stamped as you return home. If you have traveled to all stations, receive a small prize that lets other walkers know you have completed your journey.

SHARE

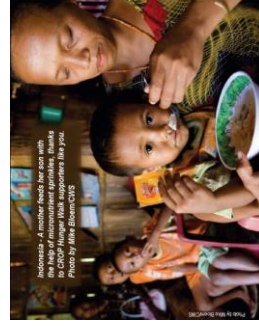
Tell other walkers and friends at home what you have learned. Encourage them to make a donation or gift that will help our friends here and around the world live a better life. It's never too late to "Be the change you want to see in the world."



HUNGER



WATER



HEALTH



EDUCATION

HEALTH

Do you need glasses? In many countries, you would be illiterate, because glasses are rarely available. **Have you ever broken a bone?** You'd have restricted movement because skills to set the break were in short supply and the bone didn't heal right. In the US, there is 1 doctor to 420 persons; 1 to 7,000 in the developing world and 1 to 36,000 in sub-Saharan Africa.

CROP Hunger Walkers can train female health workers to provide care in a village for only \$125.



EDUCATION

115 million+ elementary age children in the developing world are not in school and most of them are girls. Access to education is limited by income, time and community resources. Even if the children could attend the schools, for many there is no school building or qualified teachers, much less books and paper.

CROP Hunger Walkers help build and equip schools and teachers throughout the world. \$75 can provide school supplies to five students in the US and around the world.



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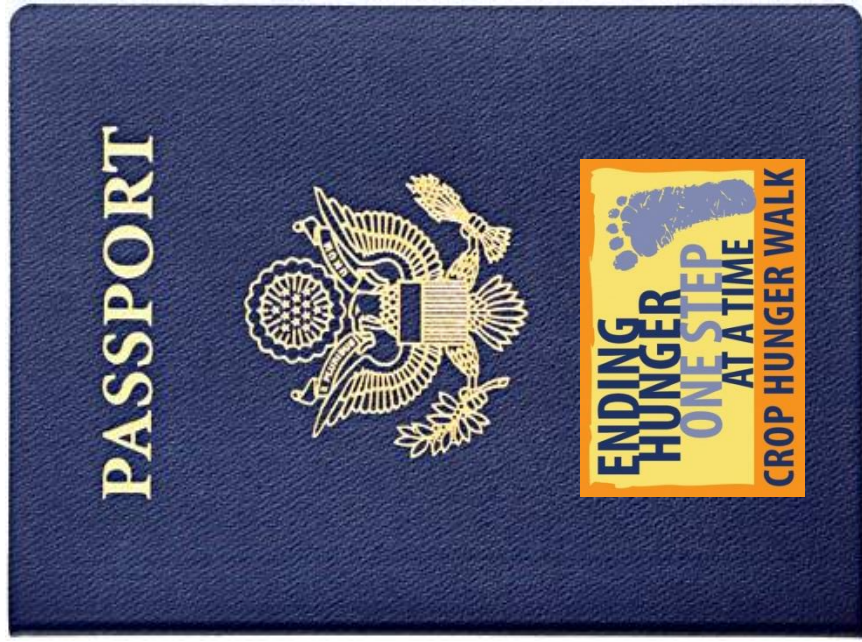
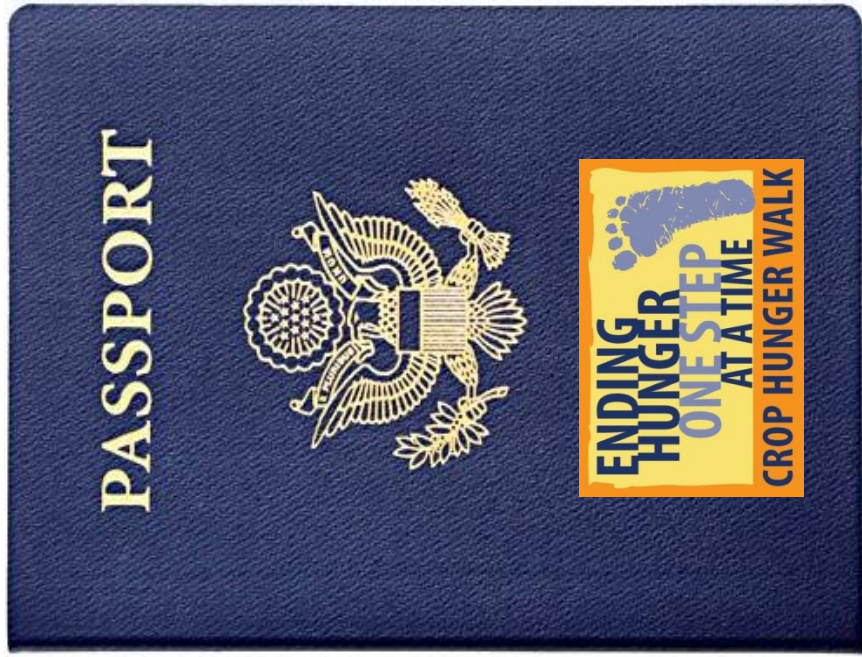
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Present this document for a validation stamp at each of the four **Passport Stations**. At each station, you will be invited to learn about one way that you are making a difference through the CROP Hunger Walk. Read the information at each station and then get a stamp in your passport. When you have all four stamps, you can take your passport to the registration table for a prize.

Thank you for helping end hunger, one step at a time!

More info: cwsglobal.org or
crophungerwalk.org

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HUNGER

The average grocery bill for family of 4 in the United States is about \$240 a week. We throw away more than 500lbs of food a year. Half of the world's population is trying to survive on less than \$18 a week.

One way that CROP Hunger Walkers help end hunger is by raising funds to help provide seeds and tools for farmers worldwide. With this help, struggling parents can grow the food they need to feed their families. \$100 can provide seeds and training to a farmer!



WATER

The average American uses 80 – 100 gallons of water a day. The average African family uses only 5 gallons, because water is not easily available. Many in this world walk an average of 3.4 miles to get their water and it is often from polluted sources.

CROP Hunger Walkers raise funds to install water systems which provide clean water, close to home. For as little as \$25 a village can receive jerry cans to keep their clean water from being contaminated.



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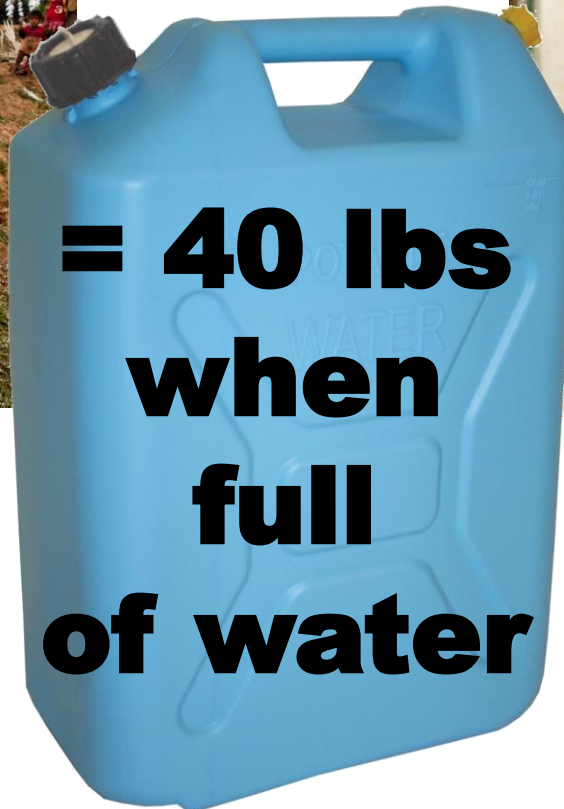
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Go ahead! Try it!

Often it is the women and girls who walk an average of 3.4 miles EVERY DAY to get water for their families. By age 12, girls carry the primary burden of collecting water for their families.



Where is your place at the table?

The average American eats **5 lbs of food** a day.

Here you see a typical day's meals.

In the developing world, where many live in already precarious situations, a disaster such as an earthquake, flood or drought can leave people with as little as **3 oz of rice/grain** to eat in a day. A person can not live for long on only 3 oz of food.

There is enough produced on our planet for every man, woman and child to have **2 lbs of food** a day. Thank you for sharing of your abundance so that all will be fed.

WELCOME TO Losakucha Primary School!

Photo by: Joel Cooper/CWS Karamoja, Uganda



Supplies are so scarce, students are forced to write in the dirt with their fingers.



Feeling under the weather?

Health Care Options

- ☐ **USA:** Hospitals, Doctors, Emergency Rooms, minute clinic down the street.
- ☐ **Nicaragua:** First Aid kit, some medicines, Dr. is 10 miles away.
- ☐ **Mozambique:** Band-aids, alcohol, pain reliever, Doctor in Maputo (the capital)
- ☐ **West Timor:** Herbs, local healers, closest doctor several islands away in Jakarta.



→
EMERGENCY

→ Emergency Patient Parking
↑ Main Entrance
→ Physician Parking

Medical Center

EMERGENCY