

**CROP
HUNGER
WALK**

BY  **CWS**



THEME *Booklet*

- Info Sheets - Kenya & Tanzania
- Impact Sheet
- 4 Stories of Change
- Walk Day Send-off



INFO Sheet



KENYA / KITUI COUNTY



Learn more about CWS' programs in Kenya here!

LOCATION:

- CWS supports work in rural Kitui County (population 1.2 million, 86% rural).
- Main economic activity in this county: agriculture/sustenance farming.
- Kitui County's malnutrition rate is at 25%, and the rate of underweight people is at 13.9%.

CLIMATE:

- Arid and semi-arid, with 28 inches of annual rainfall.
- Climate change is causing higher temperatures and erratic rainfall which leads to prolonged droughts and floods.
- This region typically experiences 3 months of flooding followed by 3 months of drought, but recent droughts have led to 3 years of failed rain.



PROGRAM FOCUS:

- Access to education, a nutritious diet, safe community, clean water and basic rights.
- Raise awareness of climate change and disaster risk reduction.
- Promote agricultural productivity to reduce rural-urban migration.
- Boost incomes through drought-tolerant crops, modern beekeeping and conservation agriculture.
- Improve water access for farming and restore the environment through agroforestry.
- Families are joining savings and loan groups.
- In the wake of droughts, floods and famine, providing immediate food assistance and supporting families with livestock and crops.

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INFO Sheet



KASULU

TANZANIA / KASULU REGION

LOCATION:

- This CWS office supports work in the city of Kasulu and surrounding villages (population of 37,000 individuals), and Nyarugusu Refugee Camp (population 137,000 refugees, primarily from the Democratic Republic of Congo and Burundi).
- Main economic activity in this region: agriculture/sustenance farming.
- Villages in the Kasulu region rely on income below the national average of \$252/year.

CLIMATE:

- Moderately tropical, with 22-98 inches of rainfall annually.
- Climate change has led to more frequent and severe heat, floods and droughts.
- Heavy reliance on wood for energy and cooking contributes to deforestation, which has a negative effect on climate change resilience in Tanzania.



Learn more about
CWS' programs
in Tanzania here!



PROGRAM FOCUS:

- Access to education, a nutritious diet, safe community, clean water and basic rights.
- Raise awareness of climate change and disaster risk reduction.
- Families are joining savings and loan groups.
- Food security and stable incomes through agricultural farming, livestock farming and beekeeping programming in households and communities (include organic and sustainable farming techniques).
- Nyarugusu Refugee Camp - vegetable farming program that provides training on vegetable production, nutrition and marketing techniques of farm products.

WALKING ALONGSIDE OUR NEIGHBORS, BOTH LOCALLY AND GLOBALLY, THROUGH CROP HUNGER WALKS HELPS PROVIDE FOOD SECURITY AND STABLE INCOMES.

In communities like those in Kenya and Tanzania, seeds don't just grow—they take root in families' futures. Climate resistant and fast-growing, beans provide nutrition and the opportunity to sell excess crops to purchase chickens. The chickens lay eggs, which can be sold or incubated to grow into more chickens, creating a sustainable cycle of income. With these resources, families can send their children to school, turning dreams into reality.

By fundraising for the CROP Hunger Walk, you're planting seeds of hope and providing Chickens, Beans and Big Dreams for families near and far!



\$10 - TWO-WEEK FOOD PACKET (PER PERSON) IN MOLDOVA FOR UKRAINIAN REFUGEES



\$22 - FIVE CHICKENS FOR A FAMILY IN KENYA



\$60 - PIG FOR A FAMILY IN TANZANIA



\$100 - HOUSEHOLD LATRINE IN CAMBODIA



\$170 - PROVIDE SUPPLIES FOR A WOMEN'S SEWING CLASS FOR NEW NEIGHBORS IN THE UNITED STATES



\$300 - RAINWATER HARVESTING SYSTEM FOR A HOUSEHOLD IN GEORGIA

EMPOWERING FARMERS: HOW IOT DEVICES ARE HELPING AGRICULTURE THRIVE IN A CHANGING CLIMATE

The people of Kitui County, Kenya, which is east of Nairobi, had three seasons of failed harvest. The communities in this county were feeling the effects of climate change and life was extremely hard without successful harvests. CWS started working with these communities in 2021 to increase their resilience. One part of the project's objective is to increase the utilization of technology in climate change information.

Earlier this year, the communities were filled with hope after finally having a successful harvest. The program participants harvested a bounty of coriander, greens, and beans and shared how they have a varied diet. This dietary diversity has led to noticeable enhancements in their children's health. They cultivated mung beans, a type of legume, as a source of protein and cow peas, also known as black-eyed peas, for energy. Additionally, they grew sunflowers and sorghum, primarily to feed their chickens.

What led to this successful harvest after so many failed harvests? A significant factor was a compact IoT device that relayed crucial data to the farmers. IoT, which stands for "Internet of Things" are devices with sensors that can process data, connect to other devices, and exchange that information over the Internet.

CWS piloted this project with 160 farmers, locating six IoT devices in gardens over six kilometers with the goal of understanding climate information. Nancy Mwakha, CWS Africa's Project Officer for the Climate Change Adaptation and Resilience Program, noted that this pilot project, "Helps farmers prepare and plan farming." The devices can transmit climate changes to soil; tells weather conditions in area including if it has rained; communicates soil pH levels; gathers air temperature and humidity. CWS collects this data, interprets it, and then disseminates it back to the farmers.

25-year-old Michael Mwendwo, who is part of a CWS supported youth entrepreneurship program, monitors and ensures the safety of each IoT device. The devices provide information that is for a much smaller area providing significantly more accurate data to the exact location of a farmer's garden. Based on the data the farmers receive, farmers can adjust the crops they plant or make modifications to the soil, such as changing the fertilizer.

CWS has more farmers that would like to be part of the IoT project to also help them have better data on their fields, leading to more successful harvests. By donating to CWS and raising funds through your CROP Hunger Walk, you are walking alongside these farmers. Because you walk, you help them have more fruitful harvests and ensure that more farmers can be part of this life-changing project.

You can support programs like this one by joining your local CROP Hunger Walk.

www.crophungerwalk.org

You can learn more about our work in Africa here:

<https://cwsglobal.org/our-work/africa/>



Read Mission Moment 01 in the Worship Resource inspired by this Story of Change!



EMBRACING DIFFERENCES CHANGES LIVES

Being greeted by free-flowing song, contagious dance, and exuberant joy upon arriving at the remote Mwanga Village in Tanzania set the tone for what this incredibly hard-working group of farmers have built together.

In partnership with the Church of the Latter-Day Saints, CWS' Giving Machines Program has empowered several chicken farming groups in the Kasulu region of Tanzania for about two years.

Zawadi Mamma, CWS Project Officer for Food Security and Livelihoods in Tanzania, shared: "Upon implementation of this project, we see how it changes their lives; they are able to send their kids to school, have stabilization at the household level and increase incomes. They learn not to leave anyone behind."

Attentiveness to inclusivity and loving your neighbor despite differences resounds among this group of 30 farmers—eight of the 30 members of this chicken farming community group are individuals with various disabilities.

The group, led by farmer Samuel Kanubo, welcomed us into their stories and were so proud of what they've accomplished with the proper tools and education, which have helped themselves, their families, and their community. These farming groups work together to advise each other by sharing new skills and technologies, through the support of CWS staff and trainers.

"I am very thankful for all the chickens that we got from CWS," Samuel said. "Before the project, we had a lot of challenges...the farming program got us out of famine. It was very difficult to feed our family before we started the chicken farming. After the program, the household income has increased, and we are able to sell chickens and pay school fees so that our kids can go to school."

Samuel continued, "We just ask you to increase more projects, because this project has helped us so much."

One of the farmers, Julius Gwagede, shared with us that, "They don't treat me different—they embrace me." Julius and his wife are blind, but their disability hasn't hindered their ability to farm. The farming group and their children help he and his wife with their chicken farming: building community while creating stability for their household together.

It truly is a ripple effect with this CWS program, reaching beyond food security and economic stability. It gives people opportunity to create a better and more secure future, regardless of who they are.

Just \$21 provides 5 chickens to a family in Tanzania. \$21 changes the entire trajectory of a family's life for the better.

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CULTIVATING HOPE AND EQUALITY

Encouraging and selfless are a couple of the words used to describe Matumaini Narcecine, a lead farmer at Nyarugusu refugee camp in Tanzania. Since joining the CWS-supported vegetable farming program two years ago, she has become a leader—passionate about uplifting others, especially women, in her community.

As a Burundian refugee, Matumaini has experienced gender inequality. “In our traditions, women they are not people who can find their own money,” she said.

She’s working to change those traditions. Matumaini earns her own money, supports her family and helps other women do the same. Her garden produces enough for her to feed her family and earn an income.

“I am very thankful for this project,” shared Matumaini. “Mothers are moving to a certain stage just because of this project. Women are following me so that I can also give them trainings so that they can get vegetables for themselves and their kids.”

Matumaini has learned about nutrition and implementing a healthy diet for her family of 11. She’s also developed gardening techniques and skills that help increase her harvest. Now, not only is she sharing her knowledge and skills with 15 farmers in the program, but she’s making sure to uplift women like Anne Chibinda, too.

“After meeting her in the church, she collected us group of women and started teaching us about the agriculture,” shared Anne, who is one of 12 women Matumaini has taken under her wing.

“She trained us about organic agriculture... how to make blocks, how to plant and how to use organic fertilizer, especially compost as another alternative instead of manure,” she said.

Matumaini has helped Anne grow a thriving vegetable garden. “After training us she did not end there. She continued encouraging us until we understood her, and that is when I saw that I should also have my own garden at my house,” she shared. With Matumaini as her teacher, Anne helps her husband support their 10 children.

Evident by their interaction, Matumaini has not only managed to empower women like Anne but also nurture new friendships along the way. “I’m very thankful [for her],” shared Anne. “She’s a very good teacher.”

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CLUCKING TO SUCCESS: MAMA NGUYO'S INSPIRATIONAL JOURNEY

Kitui lies in the rolling hills of eastern Kenya, about three hours west of Nairobi. Highways lead to dirt roads which lead to communities of people living in remote, difficult terrain. In the rainy season, the landscape comes alive with green grass and flowing streams, but it is often dry with patches of red dirt and sparse vegetation. Growing crops can be difficult and natural disasters often bring worries of hunger and thirst.

It is here, just outside her home, that Felistus Nguyo stood waiting to greet us in a bright, beautiful dress and a warm smile.

Felistus is known in her community as Mama Nguyo. Widowed and the mother of seven children, she has seen hardships and joys throughout her life. When locusts swarmed her community and destroyed much of their crops, Mama Nguyo became increasingly worried about how to feed herself and her family.

With the help of people like you, CWS stepped in to provide Mama Nguyo with the building blocks she needed – three chickens. Because of the care she provided to her small flock, Mama Nguyo now has 20 chickens and was able to buy a rooster of her own.

Mama Nguyo proudly showed us her chickens while telling us about the impact they have had on her life. She calls them her “business and her livelihood”. Her garden, which feeds both her family and her flock, is thriving because she can use the chicken waste as fertilizer. She has made enough money from selling eggs and chickens at the market that she was able to not only provide food for her family but also buy new and comfortable chairs for her home.

The chickens that changed Mama Nguyo's life clucked in the background as she told us, “I am happy and doing so well now.” It was apparent that the support she received from CWS didn't just help her survive the locusts'

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WALK DAY *Send-Off*

Welcome, and thank all of you for participating in this year's (Name of Your CROP Walk) as we walk, we are helping fight for those around the world and right here in our own community facing hunger, poverty, disaster and displacement.

(Introduce yourself and co-leaders.) Thanks to all the planning team members, team captains, community sponsors, and walkers who have partnered together to make today's CROP Hunger Walk come to fruition.

Our efforts are more important than ever as world hunger has been exacerbated by factors such as inflation, climate change and conflict. We walk in the CROP Hunger Walk because we believe no one should experience hunger. We believe that we can and should feed all who are hungry. Together we can do this – one step at a time, one dollar at a time, one meal at a time.

By supporting the CROP Hunger Walk, you change lives. Last year, CROP Hunger Walks across the country joined together in support of the work of CWS and local hunger agencies raising over \$6 million to lend a helping hand and provide hope to the most vulnerable. Imagine the difference you've made for people like...

- **Penda in Tanzania** by providing seeds, tools and training to help her family grow the essential food they need to nourish their bodies.
- **Communities around the world** help build water systems to provide access to safe drinking water in places such as Kenya, Georgia, and Cambodia.
- **Emilio in the Dominican Republic** by providing livestock and animal care education to help families like his achieve food security and economic stability.
- **Hunger-fighting organizations across the U.S.**, where you, along with fellow CROP Hunger Walkers, helped support nearly 800 organizations—including our own hunger-fighting agency(ies).

The mission of CROP Hunger Walk is to walk in solidarity with those who walk miles for food, clean water, and a safe place to call home, just like Penda, Emilio, and so many others.

It's also about partnering with the heroes in our community who work selflessly to serve our neighbors in need.

(Share briefly about how the CROP Hunger Walk supports local agencies)

(Introduce and thank representatives of local hunger agencies)

HOUSEKEEPING ITEMS:

Before you leave, hopefully inspired by the incredible work you're supporting, we have a few housekeeping items to share...

- Share information about the route, restrooms, water stations and emergency contact for walkers.

**And now, to kick off our walk,
please repeat after me:**

Leader: We walk to end hunger

Walkers: We walk to end hunger

Leader: We walk for justice

Walkers: We walk for justice

Leader: We walk for hope

Walkers: We walk for hope

Leader: We walk for peace

Walkers: We walk for peace

Leader: May the steps we take

Walkers: May the steps we take

Leader: Build a better world for all!

Walkers: Build a better world for all!

Leader: LET THE WALK BEGIN!

Walkers: LET THE WALK BEGIN!

