

## Your Walk helps to build resilient committees

CWS

## You are walking with Moize.

Moize Munenwa Joseph is one of over 800 people in Tanzania who participated in a CWS-sponsored vegetable farming program. "I can still take care of my family and ensure we consume healthy food," he shared. Moize and others in the program learned valuable farming skills like seed selection, pest control and farm cleanliness. The knowledge Moize gained has improved his harvest and increased his income. Now Moize is sharing what he learned with others in his community.

By walking, you are giving neighbors like Moize, the tools they need to grow plants and vegetables and the skills to build resilient communities for years to come.

