



TIPPING THE SCALES WITH FISH

ACTIVITY

Many of us can go to the grocery store to get the food we need. That means we don't have to really think about too much rain killing our crops, bugs eating our gardens or our rivers running out of fish. But farmers, fishermen and families around the world **do** have to think about this all the time. This activity will help us remember those neighbors...and explain some ways the CROP Hunger Walk makes life a little more predictable for them.

OBJECTIVE

To educate groups about short term as well as long-term food security. Everyone in the group represents a family in communities supported by your CROP Hunger Walk.

WHAT YOU WILL NEED

- A bowl
- A bag of fish-shaped crackers
- Cards in this packet

SET UP FOR ROUND ONE

1. The bowl represents the local supply of fish in rivers and markets. Fill the bowl with as many goldfish as there are people in your group. Keep your bag of goldfish nearby; you will occasionally use this.
2. Use scissors to cut the card deck along the dotted lines. Set aside the "Fishing Training Volunteer" card and the "Fish Pond" cards (those are for round two).
3. Mix up the cards. If there are more people in your group than cards, print and cut as many cards as you need so that everyone has a chance to take one.
4. Place the deck blank side up.

ROUND ONE: A SHORTAGE OF FISH

The oldest player starts by taking a card from the top of the deck and following the instructions on it. Continue clockwise with each person taking a card until the bowl is empty. Everyone who does not have a chance to eat a fish-shaped cracker represents families who are hungry when there is not enough food to go around.

SET UP FOR ROUND TWO

1. Restock the bowl with as many fish-shaped crackers as there are players.
2. Give a “Fish Training Center Volunteer” card to one person in the group. If you printed out more than one sheet of cards, distribute all the “Fish Training Center Volunteer” cards that you printed.
3. Put the “Fish Pond” cards in a pile.
4. Mix up the remaining cards and place the deck blank side up. This is your general deck.

ROUND TWO:

Start round two with someone who holds a “Fish Training Center Volunteer” card. They do not need to draw from the deck; they will follow the instructions on their own card. Proceed to the next player and see how far you get before the bowl is empty, or everyone has had a chance to play.

DEBRIEF QUESTIONS:

1. What was the difference in how many people got to eat fish in the first round versus the second round?
2. How did having a “Fish Training Center Volunteer” help?

REAL LIFE EXAMPLE:

Dajabón is a small town in the Dominican Republic. This community’s fish supply in the river is dwindling because of harsh weather, pollution and overfishing. Families need this protein...and without it, they’re at risk of hunger. CROP Hunger Walk dollars support Fish Training Centers where volunteers are learning about family fish ponds. Ponds are resilient against disasters and it’s easy to keep them clean so fish populations thrive. When a family’s fish pond is stable, volunteers help repopulate rivers, supply fish to local markets, train other neighbors to start their own ponds, and have plenty of food for their own families! Read Ismael Solis’ story here to learn more: cwsglobal.org/ismael-solis

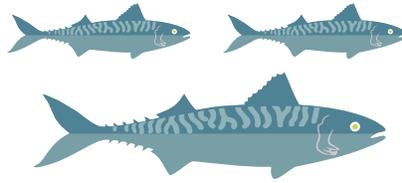
OPTIONAL CLOSING PRAYER*

Dear God, when you sent your son among us, he proclaimed the kingdom of God in villages, towns and lonely places: Grant us your presence and power and let it be known throughout this land. Have mercy upon all of us who live and work in rural areas and grant that all the people of our nation may give thanks to you for food and drink and all other bodily necessities of life, respect those who labor to produce them and honor the land and the water from which these good things come. All this we ask in your holy name. Amen.

**Prayer courtesy of ForwardMovement.org*



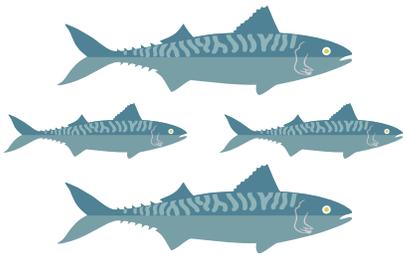
Eat one fish.



A big rainstorm destroys local crops. Eat three fish to show that families rely more on fish now.



You have a growing family who needs lots of protein. Eat two fish.



Fish roe (eggs) just hatched in the river! Take four fish from the bag of goldfish; place three of these in the bowl and eat one.



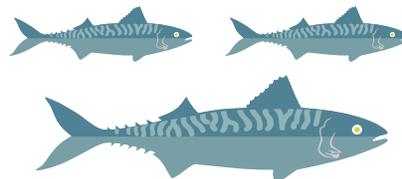
Eat one fish.



It's been a bad year for fish. Remove two fish from the bowl, put them in the goldfish bag and end your turn without eating.



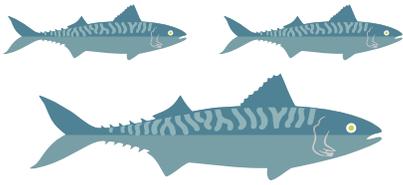
You are very sick and need some extra food to get stronger. Eat two fish.



Fish roe (eggs) just hatched in the river! Take three fish from the bag of goldfish; place two of these in the bowl and eat one.



Eat one fish.



A factory upstream threw some trash in the river, which killed several fish. Remove three fish, put them in the goldfish bag and end your turn without eating.



Eat one fish.

FISH POND TRAINING CENTER VOLUNTEER:

The Training Center gave you a supply of fish to start your own pond. Take four fish from the goldfish bag. On your turn, eat one fish and give one fish and the “Fish Pond 1 ” card to someone else in the group. Put one fish in the bowl to help repopulate the river. Do not draw a card from the general deck.

FISH POND 1 CARD:

Your fish are starting to produce roe (baby fish)! On your turn, take three fish from the goldfish bag. Eat one fish and give one fish and the “Fish Pond 2” card to someone else in the group. Put one fish in the bowl to help repopulate the river. Do not draw a card from the general deck.

FISH POND 2 CARD:

Your fish are starting to produce roe (baby fish)! On your turn, take three fish from the goldfish bag. Eat one fish, put one fish in the bowl to help repopulate the river, and give one fish to someone of your choosing. Do not draw a card from the general deck.